LEADERSHIP CHECKUP

Are You Operating Your Business, *or Is It Operating You?*

Plenty of hardworking owners don't actually own a business. They own a very demanding job that happens to have their name on it. The difference comes down to one thing: whether the business can operate **without you**. Here's a simple test to find out where you really stand, and how to start changing it.

TWO KINDS OF "BUSINESS OWNER"	
The Operator	You are the business. If you stop, the revenue stops. You own a very demanding job.
The Leader	The business operates on systems and people. It serves customers and creates opportunities whether or not you're in the room. You own an asset.

01 The 6-to-8-week test.

Here's a simple, uncomfortable question: could your business operate for six to eight weeks without you touching it, still serving customers and creating opportunities while you're out? If the honest answer is no, the business isn't yours in the way you think. It's operating you. A company that falls apart the moment you step away isn't a business yet. It's a job with your name on it.

> **Do this** Plan a two-week break on paper. The tasks you realize would fall apart are your roadmap for what to fix first.

02 Signs your business is operating you.

You're the bottleneck for most decisions. Nothing important happens without your approval. You're still the best, or only, person who can do the core work. You can't remember your last real day off, and customers ask for you by name because no one else delivers the same result. None of this means you're doing a bad job. It means the business depends on you instead of on structure.

> **Do this** List every task that only you can do. That list is exactly what's keeping you trapped.

03 How to start operating the business instead.

Shifting from doing to leading isn't about working harder. It's about making yourself replaceable in the day-to-day so you're free to lead the whole. It comes down to three moves: document how the important work gets done, delegate it to people you train and trust, and protect time to work on the business instead of only in it. You don't lose control by letting go of tasks. You gain a business that can finally grow beyond you.

> **Do this** Pick one task only you do today, write down exactly how you do it, and hand it to someone else this month. Then repeat.

Ready to build a business that operates without you?

Book a consultation with Med Miami Training and Concierge and we'll help you move from doing everything yourself to leading a business that operates, serves, and grows on its own.

Book a Business Consultation →

https://MedMiamiBusinessAcademy.as.me/?appointmentType=category:Consultation%20Calls

---

Med Miami Training and Concierge · Business Consulting · AI Consulting · Social Media · Home Care & Concierge Healthcare · Training

This guide is provided for educational purposes only and does not constitute legal, financial, or professional advice. Results depend on many factors, including each business owner's own implementation. © 2026 Med Miami Training and Concierge Inc. All Rights Reserved.